

School Newsletter

Thursday 30th November 2023



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EDGARS CREEK
PRIMARY SCHOOL

RESPECT RESPONSIBILITY COURAGE CURIOSITY

YEAR 2 SWIMMING



This week students in homegroups 2A, 2B and 2C have been participating in swimming lessons at Splash in Craigieburn. They have been learning how to enter and exit the pool safely, kick with straight legs, float with their tummies up and kicking with a board. They have had a great time! Next week will be Preps please ensure if your child is participating in swimming lessons they have packed appropriate swim wear and a towel.

YEAR 6 TOPS 2024

Orders are open!!! Please jump on

<https://www.psw.com.au/schools/edgars-creek-primary-school.html>

to make an order for your child's 2024 Year 6 Top! These will close

December 13th



IMPORTANT DATES

Monday 4th December to Friday 8th December
Prep Swimming Program

Monday 4th December
Year 6 Water Safety Excursion

Thursday 7th December
Year 4 Water Safety Excursion

Tuesday 12th December
Whole School Transition Day

Monday 18th December
Year 6 Graduation

Tuesday 19th December
Diversity Dash Prep - Year 5
Year 6 Funfields Excursion

Wednesday 20th December
Last Day of Term 4
School Finishes at 1:30pm

Monday 29th January
Student Free day
No School for Students on This Day

Tuesday 30th January
Student Free day
No School for Students on This Day

Wednesday 31st January
First Day of Term 1

Newsletter Challenge
How many **Graduate** can you find? Write your answer and put it in the challenge box in the office. Winners drawn at assembly tomorrow.

Learning together for success.

Lunch With Ann

It has been great to see our students using their well earned dojo points to redeem a voucher for lunch with Ann. This week Sany and Krishna spent their lunch time sharing how their year has been at ECPS.



Diversity Dash Bandanas

Our School will be selling white bandanas for the Diversity Dash, all money raised will go towards our school oval. Bandanas will be sold for \$5 from the school office, but HURRY as we only have a limited supply.

Diversity Dash 19th of December

On Tuesday the 19th of December our school will be participating in a Diversity Dash. The Diversity Dash encourages students to get out and get active as part of a fun, social, colourful and inclusive event conducted at school. On this day students in Years Prep-Five will run a track through the school, they will run through coloured powders.

The cost of the event is \$2 per student and payments can be made through Compass NOW.

Bandanas can also be purchased from the school office for \$5 to be worn on the day.

All funds raised will go towards upgrading our school oval

Students will be able to run, skip, dance, or walk their way through a course. On this day students are to wear white clothing that can be coloured.

Parents are welcome to attend.



Year 1

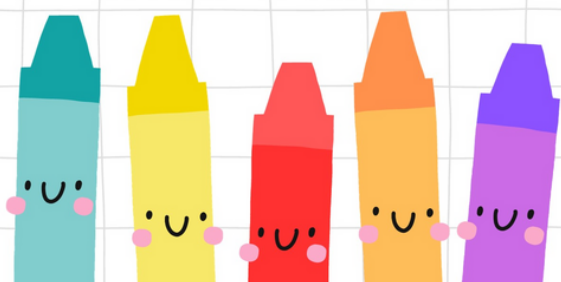
t-shirt designs!

In Week 12, Year 1 students will be **designing and decorating their own t-shirts** with fabric markers as an **end of year activity**.

Our friends and teachers can also **sign our special shirt** for us to keep forever!

Please bring in a **plain white shirt** by **Friday, December 16th**

(fabric markers have been purchased).
100% cotton fabric works best!



AFL Footy Skills Clinics

This week in PE our students participated in AFL footy clinics. The students participated in a range of fun games and skill development activities organised by AFL coaches. Thank you to Billy, Ethan and Sam for running the clinics. For those families that are interested there will be further information about your child being able to join a **AFL Auskick program (PREP - Year 4) and Superkick program (Year 5-6) in term 1 in 2024.**



Learning together for success.

CSEF 2024

2024 CSEF applications are now open. We encourage all families to read the attached information regarding their eligibility for additional funding under the Camps, Sports and Excursion Fund (CSEF). If you have any questions regarding this, please contact our School Office or head to the website below:

<https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application>



Camps, Sports and Excursions fund eligibility

Below are the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

Criteria 1 – Eligibility

To be eligible* for the fund, a mature minor of sixteen years of age or over, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or;
 - on the first day of Term two.
- a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
 - b) Be a temporary foster parent, and;
 - c) Submit an application to the school by the due date.

* A special consideration eligibility category also exists. For more information, see: [Camps, Sports and Excursions Fund \(CSEF\): Eligibility | education.vic.gov.au](https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application)

Mature minors or parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and seventeen years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and eighteen years inclusive.

CSEF is not payable to students attending pre-school, kindergarten, home schooling, or TAFE.

Eligibility Date

For concession card holders, CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on 29 January 2024 and/or 15 April 2024.

Payment amounts

CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$150.00 per year.
- Secondary school student rate: \$250.00 per year.

The CSEF is paid directly to the school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see: [Camps, Sports and Excursions Fund \(CSEF\): Payment amounts | education.vic.gov.au](https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application)

Foundation and Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Schools are required to make applications on behalf of parents, so please register your interest at the school.

How to complete the application form

NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

1. Complete the PARENT/LEGAL GUARDIAN DETAILS section.
Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.
If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.
2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2024 closes at the end of term two 2024.

CSEF payments cannot be claimed retrospectively for prior years.

Queries relating to CSEF eligibility and payments should be directed to the school.

Camps, Sports and Excursions Fund APPLICATION Form

Edgars Creek Primary School

015310

School Name

School REF ID

Parent/legal guardian details

Surname _____

First name _____

Address _____

Town/suburb _____ State _____ Postcode _____

Contact number _____

Centrelink pensioner concession OR Health care card number (CRN)

- - - OR

Foster parent* OR Veterans affairs pensioner (Gold Card)**

*Foster Parents must provide a copy of the temporary care order letter from the Victorian Department of Families, Fairness and Housing (DFFH).

**Applicants must provide a copy of the Veteran Affairs Gold card.

Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Victorian Department of Education (DE) to use Centrelink Confirmation eServices to perform an enquiry about my Centrelink customer details and concession card status to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Victorian Department of Families, Fairness and Housing (DFFH) to provide the results of any enquiry to DE regarding temporary care orders.

I understand that:

- DFFH or Centrelink will use information I have provided to DE to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DE personal information including my name, address, payment and concession card type and status.
- This consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to my child's school so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DE.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to DFFH and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You can request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant _____

Date ____ / ____ / ____

Digi Tech this term...



In Prep to Year 2

We have been learning to follow and describe a sequence of steps (algorithms) and use this to control real life robots called Blue Bots.



In Years 3 and 4

We have been learning to use algorithms, involving branching (different options), to code different projects on Scratch.



In Years 5 and 6



We have been learning to design, modify and follow algorithms to create our own digital games



ACADEMIC ACHIEVEMENT EXCELLENCE AND EFFORT

Home Group	Name	Award given...
6A	Harshita	For showing the school value of Respect by always using her manners towards her peers and classroom teachers.
6B	Isaiah	For having a growth mindset in all learning areas and demonstrating outstanding effort when completing your activities. Keep it up, Isaiah!
6C	Harnoor	For showing the school value of Responsibility by working hard across all learning areas to achieve your goals! Keep being a superstar!
5A	Thiya	For showing the school values of Respect and Courage in all Learning areas. Especially in Writing! Well done, Thiya!
5B	Nishka	For constantly showing the school value of Responsibility, by taking on feedback and improving her learning. Well done, Nishka! Keep up the growth mindset!
5C	Saad	For demonstrating the value of Respect towards his peers and teachers. You are so kind to everyone, keep it up Saad!
5D	Harsheen	For showing the school value of Responsibility and persistence when working on her Inquiry project.
4A	Isaac	For demonstrating passion and leadership skills while completing your Inquiry project. It is wonderful to see your enthusiasm and energy while running an election campaign!
4B	Dylan	For demonstrating the school values of Courage and Curiosity by creating a fantastic narrative with a clear lesson and sharing it with your peers. Well done, Dylan!
4C	Raj	For showing the school value of Respect and Responsibility in all areas of learning, you have been a positive role model for your peers. Fantastic work, Raj!
4D	Digvijay	For making an excellent transition to E.C.P.S! You have quickly adapted to our structures, shown our school values and made friends along the way. It's great having you in our learning community, Digvijay!
3A	Mavleen	For demonstrating the school value of Responsibility. You are always ready to learn and completing your best work in all lessons. Keep up the great work!
3B	Maryum	For demonstrating the school value of Curiosity by participating in class discussions during our Literacy sessions. Well done, keep up the amazing work, Maryum!
3C	Maryam	For having a fantastic start to ECPS. Well done for demonstrating the school value of Courage by making new friends and sharing your wonderful thoughts and ideas during whole class discussions. Keep up the amazing work, Maryam!
3D	Kanisha	For demonstrating the school value of Responsibility by ensuring you are finding good fit spots during learning times and completing learning tasks to the best of your ability. Keep up the awesome work Kanisha!
2A	Eveleen	For consistently demonstrating the Edgars Creek school values with a positive attitude. Well done, Eveleen!
2B	Issa	For displaying the school value of 'Responsibility' by making sure his peers were following instructions at swimming and offering support to others when they were unsure. You should be proud of your leadership qualities, well done Issa!
2B	Himmat	For displaying the school value of 'Responsibility' by supporting the preps with their learning. You should be proud of your leadership qualities, well done Himmat!
2C	Adam	For demonstrating the school value of Responsibility and looking out for your peers. Keep up the amazing effort, Adam!
2D	Bharat	For showing the school value of Responsibility in writing session. I love how you created cinquain poem. Well done, Bharat!
2E	Sera	For showing persistence to complete learning tasks. I love that you ask questions about your learning, and you always show that you are ready to learn. Keep up the fantastic work!
2F	Adeshpartap	For settling in so well after coming back from your holidays. Adesh, I love how you demonstrate our school values of Respect and Responsibility consistently in all Learning Areas. Well done!



ACADEMIC ACHIEVEMENT EXCELLENCE AND EFFORT

Home Group	Name	Award given...
1A	Christin	For always trying your best in your learning. Well done Christin on working so hard when writing your recount and showing whole body listening. Keep up the great work!
1B	Kiara	For showing the school values of Courage and Curiosity when exploring rich tasks in Maths. Well done for being able to explain your thinking with such confidence! You're a superstar, Kiara!
1C	Ekam	For showing the school value of Courage when telling the truth. Well done Ekam on being brave and honest in your learning community. You are a superstar!
1D	Hussein	For displaying the school value of Courage when sharing your reading success with 1D and all members of the leadership team. We are so proud of the progress you have made this year. Keep up the amazing work, Hussein!
1E	Amelia	For displaying the school values of Courage and Responsibility whilst on our excursion to Edendale Farm. You showed enthusiasm towards all activities and represented our school proudly. Well done, Amelia. You are a star!
1F	Samreen	For displaying the school expectation of Being a Learner by supporting friends in need. We are so proud of the choices you have been making. Keep up the amazing work, superstar!
PA	Bibek	For showing courage and excitement on our excursion to the Bundoora Farm. You were such a great learner and tried all the new experiences. You were amazing!
PB	Shanvi	For displaying all school values on our excursion to Bundoora Park Farm. You did such an amazing job at representing our school and being a great role model to those around you. Well done, Shanvi! You should be so proud of yourself.
PC	Luke	For displaying the school value of Courage on our Bundoora Park Farm excursion. You did such a wonderful job having a go at all the tasks and feeding/patting the animals. Well done Luke on representing our school in a positive manner!
PD	Myra	Myra always displays the school values of Respect and Responsibility. She plays nicely with her peers and always allows others to join in her games. Well done, Myra. You are such a kind friend to everyone.
PE	Ali	For showing the school values Courage and Curiosity during our Prep excursion to the Bundoora Farm. You had some amazing questions and answers for our team leader on the day and I was so proud of you Ali! Keep up the awesome work superstar. Well done!
PF	Aaliyah	For showing the school value Responsibility on our excursion to Bundoora Park Farm. You did a fantastic job at taking care of all your belongings. Well done!
Digital Technologies – Taylah	Elias- PF	For working hard during Digital Technologies to identify different algorithms and use this knowledge to control a robot. Keep it up Elias!
Science – Jemma	Omar – 5B	For showing our school values of Respect and Curiosity in Science. Your electric bike is looking amazing, Omar! Keep up the great work! I can't wait to see it when it's all finished 😊
Science - Sue	Nuh-5D	For showing the school values of Respect, Responsibility and Curiosity. Well done on contributing your skills and knowledge in group projects. Keep up your great work!
Performing Arts - Kaitlyn	Celina - 6C	For demonstrating the school value of Courage, by performing the keyboard during Performing Arts. It was so great to see your amazing talent, Celina!
Visual Arts - Kristy	Angard - PB	For demonstrating the all the school values in Visual Arts every week! Keep up the good work Angard!
Spanish- Lily	Luka - 6A	For your fantastic work as the Spanish captain this year. Thank you for being responsible and helpful. We really appreciate your commitment. ¡Gracias Luka!
PE – David	Manan –3A	For his application and cooperative approach in PE.
PE - Matt	Elias – Prep F	For the way he demonstrated Responsibility during our Auskick session in PE this week. Well done superstar!
Education Support- Paola	Sabriyyah	For showing the school value of Respect and Responsibility with your Writing and Reading everyday, you have been a positive role model for your peers. Fantastic work!
Tutor Program - Todd	Radhika	For showing lots of enthusiasm in tutoring and always being eager to learn new things. We love having you in our space! Well done, Radhika!



Welcoming Wellbeing

Class Dojo

Just a reminder that to use all of your Dojo Points by the end of the term as they will reset next year! Here are some of the new VOUCHERS that are now available!

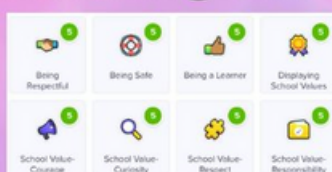


Don't forget some ways we can get Dojo Points are:

Showing our school values



Remembering our Positive Behaviour Expectations and making amazing choices!



Celebrating Our Multicultural School Community



EVERYBODY IS WELCOME AT EDGAR'S CREEK PRIMARY

At ECPS this year we are celebrating our wonderful and extensive Multicultural community. Each week at assembly, we are unveiling a different cultural flag.

This week we are celebrating those in the ECPS Community from

Australia





EDGARS CREEK
PRIMARY SCHOOL



WELCOME TO **BIG** CHILDCARE

WHO ARE WE?

Big Childcare is a trusted Outside School Hours Care (OSHC) provider. Our directors Ted and Sian Hatzakortzian have served families for over a decade in the industry, delivering a unique and holistic service across Australia. But we are more than just an OSHC service! At Big Childcare we pride ourselves on ensuring every child's needs are put first, to give them a sense of belonging and safety, whilst of course having loads of fun!

We can't wait to meet your child, get to know them and ensure they have a great time when they are with us!

WHAT IS OSHC?

OSHC stands for Outside School Hours Care which your school has outsourced to us because we have expertise in providing Before School, After School, Curriculum Day and Holiday Care. We operate in partnership with schools so that you can drop your children off before heading to work or pick them up after you finish, knowing they are well cared for by our team.



big
CHILDCARE

WHAT WE OFFER

Fun and Engaging Programs

Kids love coming to us, as they know they'll have loads of fun! With non-stop new and engaging experiences on offer, our educators design and plan experiences to suit the individual needs and interests of every child.

Kids can expect a wide selection of themed activities as well as permanent experiences which include, arts & craft, sports, indoor/outdoor play, cooking, games, imaginative play, music, drama, community linked visits and much more!

Before & After School Care

From the moment your child enters our program, whether it be before school to start the day right, or after school to recharge - they will be made to feel welcome, comfortable and safe.

Before and after school is a crucial part of the day to help develop social and emotional skills in all our children and we are there to support them in their educational journey.



Holiday Care

When the school holidays come around the kids are always excited to come to us, as our programs offer fun that memories are made of.

It's a great option for working parents, but also those that want to give their kids new and exciting experiences! Be assured that the Holiday Care we offer is the best service going around! We line up an amazing variety of excursions and incursions to choose from, with exclusive access to many experiences.



- Big Childcare Specials -

V.I.P

Very Important Prep

Our VIP Program provides a range of supportive measures for new preps and their families.

We allocate a dedicated VIP Educator during the Summer holiday program and the first few weeks of Term 1, to implement the tools required to support successful transitions for our VIP Prep children. The main role of the VIP Educator is to provide a welcoming environment for the Prep children and their families. Feedback on this special program has been highly commendable from our new families.



BIG ACTIVE

We're big on fitness

Big Active aims to increase the physical activity in our services, whilst making sure it's all still fun and games!

We have a team of sports specialists who visit the services after school and during the holidays to run games and skill-based challenges. It has been incredibly popular with the kids and their families.



Nutritious & Yummy Meals

 Nutrition Australia

We provide a seasonal, Nutrition Australia approved menu that our kids often say they LOVE! So, for those early birds who arrive at Before School Care prior to 8.00am, a delicious breakfast will be on offer to get them energised for school.



We have a variety of cereals, breads and spreads on offer as well as special mornings, featuring pancakes, eggs and plenty of other appetizing options.

Then in our After School Care program, we base our food choices on the nutritional needs of the children, as well as their individual medical conditions (allergies) and likes/dislikes. Our kids get to have a big say as to what's on the menu planner! We always ensure children have enough to eat, to give them the energy they need to get on with the activities they love.

Experienced & Passionate Educators

Our educators are friendly and passionate about working with children and we cannot wait for you to meet them. They love getting to know each child individually whilst committing to providing a supportive and safe environment.



Our team at school will have current Working With Children Checks and relevant industry qualifications, with a first aid qualified member of staff on hand at every centre.

We value our relationships with families, children and the school so you may even see our staff helping out at school events too! Please come and say hello!

ENROL NOW!

it's FREE!



Enrolment Guide

How to attend?

To attend our program, you must first enrol your child.

Once enrolment is complete, you can then make a booking to secure a spot in advance for your child. Follow these 3 simple steps:

1. Enrol:

★ ENROL



ENROL NOW

- Enrol online by clicking or scanning the QR OR
- Visit bigchildcare.com/enrol

Preparing for Enrolment:

Please have the required documents and info. ready to ensure a smooth enrolment experience:

- ✓ Current immunisation record from Medicare or the Australian Immunisation Register (AIR)
- ✓ Any medical documents (such as an action plan signed by a doctor if your child has asthma, allergies and anaphylaxis)
- ✓ Any documentation relating to sole parenting, custodial orders etc.
- ✓ Centrelink Customer Reference Number (CRN) of: 1) parent/guardian and 2) child
- ✓ Access to MyGov
- ✓ Have your payment details ready



2. Book:

● BOOK NOW

- Book online using your new XAP account OR
- Contact us via email, mobile, or in person at our centre.

3. Apply for Child Care Subsidy



Scan QR code or call [Services Australia](http://ServicesAustralia) on 13 61 50 between 9am and 5pm (local time) weekdays to apply. *You must confirm Big Childcare as your service provider on your MyGov account.

big CHILD CARE

Enrolment and Bookings

Permanent Bookings:

For children who use the service on a weekly basis, permanent bookings are considered to be at least one session per week for an entire term or more.

Casual Bookings:

A casual booking is a one-off booking that occurs occasionally and is not part of the permanent booking schedule for that child.

Casual bookings can be made by contacting your centre manager via phone call, text message or email.

Cancellations:

Bookings can be cancelled up to 48 hours prior to the session without incurring a session fee. For cancellations within 48 hours of the session, you will be charged the full fee, less any Child Care Subsidy you are entitled to, unless you are able to provide a medical certificate.

Payment:

How to pay:

Payments can be made by Direct Debit via our third-party provider, Quick Pay.

When will I be charged?

For Direct Debit payments, families are charged weekly in arrears. Statements will be emailed on Fridays to your email address registered in your XAP account. Your bank account will be automatically debited with the amount you owe each Monday.

Payment Processing:

Big Childcare invoice in arrears from the bank account nominated by the family using Quick Pay.

Statements are sent on a weekly basis prior to direct debit the following week. EFTPOS Payments can be arranged with your centre manager.



*Payments will be direct debited

Family Handbook:



Scan or click QR code to download the important information you need to know before attending our program.

Centre Contact 

Centre Mobile	0431 151 651
Centre Email	edgarscreek@bigchildcare.com

	Operating Hours	Session Cost	Casual Booking
Before School Care	6:30am to 8:45am	\$25.00	\$28.00
After School Care	3:15pm to 6:30pm	\$28.00	\$31.00
Holiday Care	6:30am to 6:30pm	\$70.00+	
Curriculum Care	6:30am to 6:30pm	\$70.00	

+ Additional activity fee applies for excursions to cover any venue admission and transport costs



Your cost of care may be reduced by up to **90%** with Child Care Subsidy. To find out if you are eligible, scan the QR code or call Services Australia on 13 61 50 between 9am and 5pm (local time) weekdays.

**Big Childcare Head Office**

 1300 273 162 www.bigchildcare.com

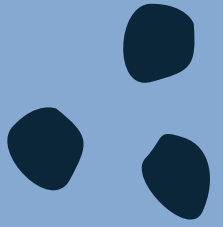
**FOLLOW US!**

Scan QR code to get all the latest updates on our social media!





EDGARS CREEK
PRIMARY SCHOOL



WHITTLESEA COMMUNITY NEWS



DPV Health Presents

The Best Time in History to be a Dad Webinar

By Jeremy Macvean from The Father Hood

Dads today can be more actively and emotionally involved in their kids' lives than ever before. This has multiple upsides for men, for their children & for their relationships. Are you making the most of the opportunity?

The webinar will explore the benefits and challenges of being a dad in 2023, how to navigate modern fatherhood, & provide inspiration for what these changes can deliver for you & your family.

WEDNESDAY
6 DECEMBER
7PM- 8PM
2023
ONLINE



www.trybooking.com/CLWOP

REGISTER HERE

RSVP by Wednesday 29th November



Participants will have the option to hear the webinar interpreted in Arabic or Punjabi.



For more information contact:

Lucy Forwood - Senior Coordinator Gender Equity
lucy.forwood@dpvhealth.org.au

DPV Health ਪੇਸ਼ ਕਰਦਾ ਹੈ

ਇਤਿਹਾਸ ਵਿੱਚ ਪਿਤਾ ਬਣਨ ਦਾ ਸਭ ਤੋਂ ਵਧੀਆ ਸਮਾਂ ਵੈਬੀਨਾਰ

ਦੁਆਰਾ Jeremy Macvean ਤੋਂ The Father Hood

ਅੱਜ ਦੇ ਸਮੇਂ ਦੇ ਪਿਤਾ ਆਪਣੇ ਬੱਚਿਆਂ ਦੇ ਜੀਵਨ ਵਿੱਚ ਪਹਿਲਾਂ ਨਾਲੋਂ ਵਧੇਰੇ ਸਰਗਰਮ ਅਤੇ ਭਾਵਨਾਤਮਕ ਤੌਰ 'ਤੇ ਸ਼ਾਮਲ ਹੋ ਸਕਦੇ ਹਨ। ਇਸ ਵਿੱਚ ਮਰਦਾਂ ਲਈ, ਉਹਨਾਂ ਦੇ ਬੱਚਿਆਂ ਲਈ ਅਤੇ ਉਹਨਾਂ ਦੇ ਸੰਬੰਧਾਂ ਲਈ ਬਹੁਤ ਸਾਰੇ ਉਪਰਾਲੇ ਹਨ। ਕੀ ਤੁਸੀਂ ਮੌਕੇ ਦਾ ਵੱਧ ਤੋਂ ਵੱਧ ਫ਼ਾਇਦਾ ਉਠਾ ਰਹੇ ਹੋ?

ਇਹ ਵੈਬੀਨਾਰ 2023 ਵਿੱਚ ਪਿਤਾ ਬਣਨ ਦੇ ਲਾਭਾਂ ਅਤੇ ਚੁਣੌਤੀਆਂ ਦੀ ਪੜਚੋਲ ਕਰੇਗਾ, ਆਧੁਨਿਕ ਪਿਤਾ ਬਣਨ ਦੇ ਤਰੀਕੇ, ਅਤੇ ਇਹ ਤਬਦੀਲੀਆਂ ਤੁਹਾਡੇ ਅਤੇ ਤੁਹਾਡੇ ਪਰਿਵਾਰ ਲਈ ਕੀ ਕਰ ਸਕਦੀਆਂ ਹਨ ਇਸ ਲਈ ਪ੍ਰੇਰਨਾ ਦੇਵੇਗਾ।



ਹਿੱਸਾ ਲੈਣ ਵਾਲਿਆਂ ਕੋਲ ਅਰਬੀ ਜਾਂ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵਿਆਖਿਆ ਕੀਤੇ ਵੈਬੀਨਾਰ ਨੂੰ ਸੁਣਨ ਦਾ ਵਿਕਲਪ ਹੋਵੇਗਾ।

ਬੁੱਧਵਾਰ

6 ਦਸੰਬਰ

ਸ਼ਾਮ 7-8 ਵਜੇ

2023

ਔਨਲਾਈਨ



www.trybooking.com/CLWQP

ਇੱਥੇ ਰਜਿਸਟਰ ਕਰੋ

ਬੁੱਧਵਾਰ 29 ਨਵੰਬਰ ਤੱਕ RSVP ਦਿਓ



ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ ਸੰਪਰਕ ਕਰੋ:

Lucy Forwood - ਸੀਨੀਅਰ ਕੋਆਰਡੀਨੇਟਰ ਲਿੰਗ ਇਕੁਇਟੀ
lucy.forwood@dpvhealth.org.au

TheHub.
3757

Term 4 2023

Harmony Story Time



The Hub3757 together with the City of Whittlesea invite you to join FREE Bilingual Storytime and Wellbeing Activities.

These fun-filled sessions will

- Start with 30 minutes Bilingual story time with your children and grandchildren.
- From 1pm to 2.30pm parents can participate in a variety of wellbeing sessions while a childcare worker will keep the children occupied.

Wellbeing activities will include Yoga classes, meditation and mindfulness, Bollywood dancing, Craft and Art.

The sessions are about




- Connecting with your community,
- Children exploring books in multiple languages and
- Learning how to practice self-care and wellbeing activities.

Complimentary coffee, tea, hot chocolate, light refreshments and delicious snacks are provided each session!

Kids First and City of Whittlesea practitioners are on-hand to provide information and support services to Children and Families.


***Facilitators in Hindi, Punjabi and Arabic**


Details

-  Every Tuesday from 3rd October till 12th December 2023
-  12:30 pm - 2:30 pm
-  Ganbu Gulinj Community Centre
55 Macedon Parade, Wollert

Registration

To register for this group, please contact one of our Family Coaches by text message

 Deepty Cusima
0448 928 268

 Navpreet Kaur
0402 157 618

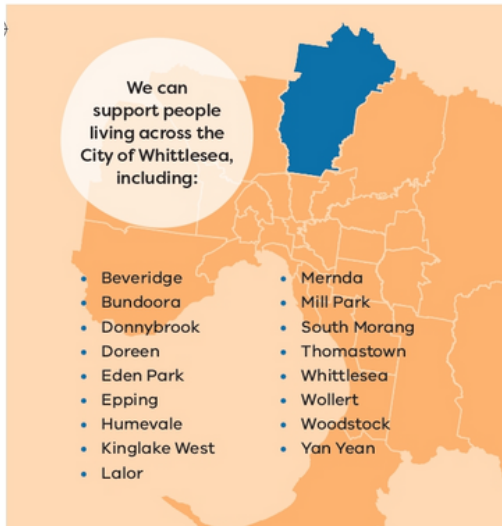


Working together to support the Whittlesea community

Our approach to mental health and wellbeing support is made possible through collaboration and connection with existing supports in the Whittlesea community.

Working with the community, including clinical and community services, helps us provide the right support for you now and in the future.

The most important thing is that the Whittlesea Mental Health and Wellbeing Local is a safe space for people from all backgrounds.



Contact us

Call 1800 571 145

Monday – Friday 9.00am – 7.30pm

Saturday and public holidays 12.00pm – 7.30pm

Sunday By appointment only

Email

whittlesealocalservice@neaminational.org.au

Website

betterhealth.vic.gov.au/mhwlocal

In an emergency

If you or someone you care for needs immediate emergency assistance, call 000. For 24-hour mental health support call Lifeline on 13 11 14



In partnership with



We're here to support your mental health and wellbeing

The Whittlesea Mental Health and Wellbeing Local is currently available as a telehealth, outreach and face-to-face mental health and wellbeing service.

We will work with you and, if you are comfortable, your family, carers and supporters, to design a care plan that meets your goals and preferences.

We can provide:

- telehealth supports
- outreach visits to your home or community
- connection to other health and social services.

If you are an adult experiencing distress or wanting support for your mental health and wellbeing, call us on 1800 571 145.



Helping you find the right support

The Whittlesea Mental Health and Wellbeing Local is a new service that supports Victorians aged 26 years and over to get mental health and wellbeing support closer to home.

All support is free, and you do not need a referral from your doctor.

Our experienced staff will listen to you so they can understand what support is right for you and help guide you.



A safe place for everyone

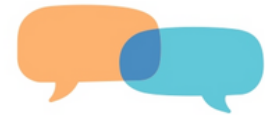
You don't need to be an Australian citizen or resident to access this service, and no Medicare card is needed. We can provide safe and confidential support to everyone, no matter your circumstance. If you need help in your language, call TIS National on 131 450 and ask for an interpreter, then ask to be connected to the Whittlesea Mental Health and Wellbeing Local on 1800 571 145.



Support for carers and loved ones

The Whittlesea Mental Health and Wellbeing Local is family and carer inclusive. We can provide a range of support, including:

- education and support for families, carers and supporters of individuals experiencing mental illness and/or substance use or addiction
- assistance to carers with their caring and support role
- support for carers and loved ones with their own mental health and wellbeing needs.



mental health & wellbeing local

Whittlesea

The Whittlesea Mental Health and Wellbeing Local service supports Victorians aged 26 years and over to get mental health and wellbeing support closer to home.



We acknowledge the Traditional Owners of these regions and pay our respects to Elders past and present. We recognise that their sovereignty was never ceded and are committed to a positive future for the Aboriginal and Torres Strait Islander community.



We are committed to cultivating inclusive environments for people using our services, carers and staff. We celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.



Refer someone you know

If you're unsure what supports are available for someone you care about, contact us on 1800 571 145 and we can navigate your enquiry together. The Whittlesea Mental Health and Wellbeing Local Services accepts referrals from GPs, mental health services, community services, carers and families. We also encourage self-referral.

If you or someone you support is between 12 and 25 years old, please visit or contact your local headspace centre for mental health and wellbeing support. Visit headspace.org.au for more information.



Support from people who have a lived experience of mental health challenges

The Whittlesea Mental Health and Wellbeing Local can connect you with a range of mental health professionals, including clinicians and peer support workers with a lived experience of mental health challenges and recovery. Our staff will support you from the moment you call, to access a service that is right for you.



Would you like to join the Tradeflex Team?

We are seeking people to work at the **Department of Education schools** located in the Northern suburbs of **Melbourne as commercial cleaner**.

Permanent part time and full time roles available! You will be provided with uniforms, state of the art equipment & wages that reflect the Cleaning Services Award.

Submit your Expression of Interest here!

At Tradeflex we are committed to creating a workplace that values and supports our employees, fostering a culture of respect, growth, and well-being. When you join our team, you become a part of a community that recognises the importance of work-life balance, career advancement, and overall job satisfaction.



*Don't hesitate! Scan the
QR Code to express
your interest to join
Tradeflex today!*

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can help build a happy life

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X-TRAINING

Tue



BOXING

Wed



X-TRAINING

Thurs



BOXING

Fri



X-TRAINING

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THE WORLD OF BASKETBALL**

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WHITTLESEA
PACERS
BASKETBALL

**MILL PARK
STADIUM**

**WEDNESDAYS
4pm - 5pm**

- 11 October 2023
- 18 October 2023
- 25 October 2023
- 1 November 2023
- 8 November 2023
- 15 November 2023
- 22 November 2023
- 29 November 2023

**EDGARS
CREEK PS**

**TUESDAYS
3.30pm - 4.30pm**

- 10 October 2023
- 17 October 2023
- 24 October 2023
- 31 October 2023
- 14 November 2023
- 21 November 2023
- 28 November 2023
- 5 December 2023

COST:

**\$145 NEW PARTICIPANTS
\$100 RETURNING PARTICIPANTS**

NEW PARTICIPANT PACK INCLUDES
A PERSONALISED SINGLET AND
BASKETBALL



Certificate III in

School Based Education Support CHC30221

Embark on a flexible and rewarding career where you can make a meaningful impact on the lives of children with additional needs.

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Certificate III in School Based Education Support CHC30221

Education Support is a flexible and rewarding career where you can work in the classroom to support students with additional needs.

Prace delivers an industry driven and dynamic learning experience to ensure you are job-ready with the skills employers are looking for. With the guidance of expert teachers in a friendly and supportive classroom, you will develop the skills to:

- Support students with additional needs
- Support literacy and numeracy skills
- Contribute to planning educational programs
- Support the health, wellbeing and safety of students

You will participate in excursions, workshops and gain insights from industry guest speakers.

Pathways

Graduates are in demand and work in a range of educational settings, including primary and secondary schools and schools for children with additional needs. Graduates work as education assistants, teacher's aides and support workers.

Entry requirements

Aged 18 years and over. Moderate computer, email and internet skills. Plus digital technology access. English LLN skills at an industry entry standard.

How to enrol

Call 9462 6077 to arrange a pre-enrolment interview.



Location

Prace - Merrilands
Community Centre
35 Sturdee Street,
Reservoir

Dates and duration (TBC)

23 Feb - 20 Sept 2024
(Includes Thursday 28 March
2024 and 19 September 2024)
26 Sessions
2 Workshops
100-hour placement

Days and times

Fridays
9.15am - 3.15pm
Classes will not run on public or
school holidays

Study Mode

Face-to-face in a
classroom, self-directed
offsite tasks and research,
remote teacher support
sessions, practical
placement and industry/
assessment workshops

Fees

Gov. subsidised:
Concession \$90
Full \$450
Non-subsidised \$5850
^Special consideration may
apply
Plus \$10 Service & Amenities fee

*Course commencement is
subject to variation, sufficient
enrolments and eligibility
requirements. Prace encourages
individuals with disabilities to
participate in our programs and
activities. Prace TOID 4036*

*This training is delivered with
Victorian and Commonwealth
Government funding.*



Prace Main Office
Merrilands Community Centre - 35 Sturdee Street, Reservoir
Phone 9462 6077 | office@prace.vic.edu.au | www.prace.vic.edu.au