

# School Newsletter

Thursday 23rd November 2023



Ph: 9407 7100 Web: <https://edgarscreekps.vic.edu.au>

Email: [edgars.creek.ps@education.vic.gov.au](mailto:edgars.creek.ps@education.vic.gov.au)

EDGARS CREEK  
PRIMARY SCHOOL

RESPECT RESPONSIBILITY COURAGE CURIOSITY



## IMPORTANT DATES

**Friday 24th November**  
**Student Free Day**

**Monday 27th November**  
Year 5 Basketball Gala Day

**Monday 27th November to  
Friday 1st December**  
Year 2 Swimming Program

**Monday 4th December to  
Friday 8th December**  
Prep Swimming Program

**Monday 4th December**  
Year 6 Water Safety Excursion

**Thursday 7th December**  
Year 4 Water Safety Excursion

**Tuesday 12th December**  
Whole School Transition Day

**Monday 18th December**  
Year 6 Graduation

**Tuesday 19th December**  
Diversity Dash Prep - Year 5  
Year 6 Funfields Excursion

**Wednesday 20th December**  
**Last Day of Term 4**  
**School Finishes at 1:30pm**

## YEAR 6 TOPS 2024

Due to popular demand we will be re opening orders for 2024 Year 6 Tops these will be open from **Wednesday 29th November till 13th December**. Please ensure you have your order in by those dates so that your child does not miss out.



## 2024 PLANNING

Our school planning and organisation for 2024 is well underway. If you are planning to leave ECPS at the end of this year, please contact our school office ASAP and inform them so that we can support your child in transitioning to their new school and plan our class sizes appropriately. Families who leave ECPS can only be re-enrolled with us if they live in our current zone at the time of enrolment.

ECPS will continue to only take students who are zoned to our area. Unfortunately, we do not have the facilities to accommodate families who are outside our zone. For further information on any of this, please speak to our Enrolment Officer on 9407 7100.

Newsletter Challenge  
How many **swimmers** can you find? Write your answer and put it in the challenge box in the office. Winners drawn at assembly tomorrow.



*Learning together for success.*

## Lunch With Ann

It has been great to see our students using their well earned dojo points to redeem a voucher for lunch with Ann. This week Hukmanreet and Liyana' spent their lunch time sharing how their year has been at ECPS.



## Do you have a special talent???

Do you or a family member have a special talent? We are looking for people who can preform a culture dance , play a cultural instrument or music, or teach a dance for our 2024 Harmony Day event. If you or a family member have one of these special talents and want more information. please contact Sara via our school email.

## Diversity Dash Bandanas

Our School will be selling white bandanas for the Diversity Dash, all money raised will go towards our school oval. Bandanas will be sold for \$5 from the school office, but HURRY as we only have a limited supply.

## Diversity Dash 19th of December

On Tuesday the 19th of December our school will be participating in a Diversity Dash. The Diversity Dash encourages students to get out and get active as part of a fun, social, colourful and inclusive event conducted at school. On this day students in Years Prep-Five will run a track through the school, they will run through coloured powders.

The cost of the event is \$2 per student and payments can be made through Compass NOW.

Bandanas can also be purchased from the school office for \$5 to be worn on the day.

All funds raised will go towards upgrading our school oval

Students will be able to run, skip, dance, or walk their way through a course. On this day students are to wear white clothing that can be coloured.

Parents are welcome to attend.



Have you  
enrolled  
your Prep  
child for  
2024?



EDGARS CREEK  
PRIMARY SCHOOL

**Current and new families** are encouraged to enrol their child ASAP to ensure you receive information regarding our Term 4 Transition Program.

*Learning together for success.*

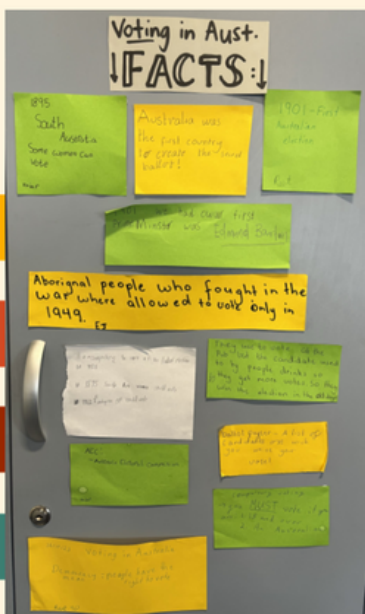
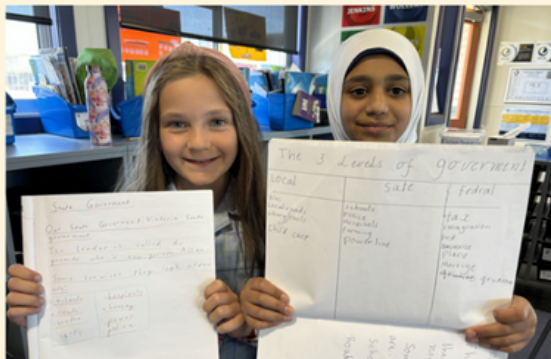
# Year 4D

# Inquiry



In inquiry this term, the Year 4 community have been learning about the Australian Government.

We have researched what the 3 levels of government do and how the voting system works in Australia.



Over the next few weeks, we are excited to work with our newly formed political parties and host campaigns to find a Prime Minister within each Year 4 homegroup!

# CSEF 2024

2024 CSEF applications are now open. We encourage all families to read the attached information regarding their eligibility for additional funding under the Camps, Sports and Excursion Fund (CSEF). If you have any questions regarding this, please contact our School Office or head to the website below:

<https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application>



## Camps, Sports and Excursions fund eligibility

Below are the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

### Criteria 1 – Eligibility

To be eligible\* for the fund, a mature minor of sixteen years of age or over, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or;
  - on the first day of Term two.
- a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
  - b) Be a temporary foster parent, and;
  - c) Submit an application to the school by the due date.

\* A special consideration eligibility category also exists. For more information, see: [Camps, Sports and Excursions Fund \(CSEF\): Eligibility | education.vic.gov.au](https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application)

Mature minors or parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

### Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and seventeen years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and eighteen years inclusive.

CSEF is not payable to students attending pre-school, kindergarten, home schooling, or TAFE.

#### Eligibility Date

For concession card holders, CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on 29 January 2024 and/or 15 April 2024.

## Payment amounts

### CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$150.00 per year.
- Secondary school student rate: \$250.00 per year.

The CSEF is paid directly to the school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see: [Camps, Sports and Excursions Fund \(CSEF\): Payment amounts | education.vic.gov.au](https://www2.education.vic.gov.au/pal/camps-sports-and-excursions-fund/guidance/submitting-application)

Foundation and Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Schools are required to make applications on behalf of parents, so please register your interest at the school.

## How to complete the application form

**NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN**

1. Complete the PARENT/LEGAL GUARDIAN DETAILS section.  
Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.  
If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.
2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2024 closes at the end of term two 2024.

CSEF payments cannot be claimed retrospectively for prior years.

Queries relating to CSEF eligibility and payments should be directed to the school.



# Camps, Sports and Excursions Fund APPLICATION Form


**School Name**
**School REF ID**

## Parent/legal guardian details

 Surname 

 First name 

 Address 

 Town/suburb  State  Postcode 

 Contact number 

Centrelink pensioner concession OR Health care card number (CRN)

   -    -    -  OR

 Foster parent\* OR  Veterans affairs pensioner (Gold Card)\*\*

\*Foster Parents must provide a copy of the temporary care order letter from the Victorian Department of Families, Fairness and Housing (DFFH).

\*\*Applicants must provide a copy of the Veteran Affairs Gold card.

## Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Victorian Department of Education (DE) to use Centrelink Confirmation eServices to perform an enquiry about my Centrelink customer details and concession card status to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Victorian Department of Families, Fairness and Housing (DFFH) to provide the results of any enquiry to DE regarding temporary care orders.

I understand that:

- DFFH or Centrelink will use information I have provided to DE to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DE personal information including my name, address, payment and concession card type and status.
- This consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to my child's school so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DE.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to DFFH and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

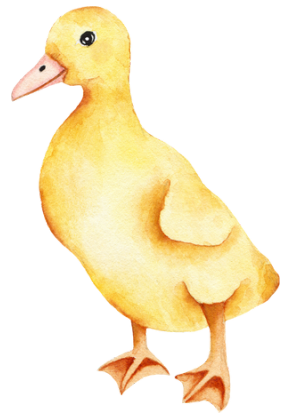
You can request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

 Signature of applicant 

 Date  /  /



# PREPS WRITE ABOUT THEIR EXCURSION!



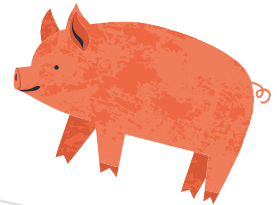
The Bundoora Park Farm:  
 All the preps went  
 to the Bundoora Park Farm  
 there was 5 activities  
 the first activity  
 was so fun we  
 made sheep with  
 real wool after  
 lunch we went  
 on a ride to  
 look around the  
 park we had so much  
 fun!

*Written by Adnana*

**Bundoora Park Farm**  
 Yesterday we went to  
 Bundoora Park Farm. We had  
 LOTS OF FUN!!! We patted  
 some animals and made sheep  
 pictures. We went there on  
 Wednesday the 22nd.  
 Everyone (in Prep) went there!

Bundoora Park Farm  
 Yesterday we went  
 to Bundoora Park farm.  
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 LOTS OF FUN!!! We  
 patted some animals,  
 made sheep pictures.  
 We went there at  
 Wednesday the 22nd.  
 Everyone in prep went  
 there!

*Written by Avik*



**The Bundoora Park Farm:**  
 All the Preps went to the  
 Bundoora Park Farm. There  
 were 5 activities. The first  
 activity was so fun. We made  
 sheep with real wool. After  
 lunch we went on a ride to  
 look around the park. We had so  
 much fun!

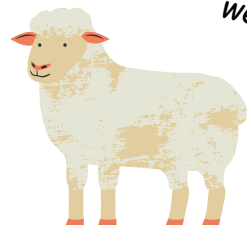
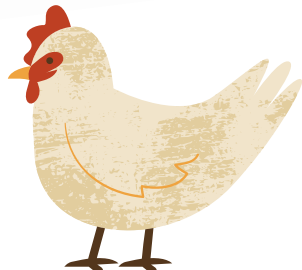
I went to the Bundoora Park Farm  
 it was so FUN we see 80  
 kangaroos and we see 2 pigs  
 and we see 3 sheep and we see 1 horse and we see bees.

*Written by Jai Partap*

TO THE BUNDOORA PARK FARM  
 ALL THE PREPS WENT  
 TO THE FARM

*Written by Aviraj*

**Bundoora Park Farm**  
 All the Preps went to the farm.



I went to the Bundoora Park  
 Farm. It was so fun. We saw  
 80 kangaroos and we saw 2  
 pigs. And we saw 3 sheep and  
 we saw 1 horse and we saw  
 bees.

# Welcoming Wellbeing

## Canine Comprehension

Meet Ruby! Ruby has been working with the Wellbeing team and joining ECPS once a week with her owner, Amy. Amy has been an Occupational Therapist for over 15 years. Ruby is a Groodle, a mixture between a golden retriever and a poodle! She was born in 2019 and was one of ten adorable puppies!



Canine Comprehension is a program that truly understands the incredible power that dogs have in order to connect and engage with children. Working with dogs can enhance emotional wellbeing and alleviate stress. The passionate team at Canine Comprehension is dedicated to making a meaningful difference in the lives of our students.



At ECPS, we are currently only running small groups of students to work with Ruby. If you would like additional information about the program, please visit:  
<https://www.caninecomprehension.com.au>

# Celebrating Our Multicultural School Community



EVERYBODY IS WELCOME AT EDGAR'S CREEK PRIMARY

At ECPS this year we are celebrating our wonderful and extensive Multicultural community.  
Each week at assembly, we are unveiling a different cultural flag.

This week we are celebrating those in the ECPS Community from

**Bosnia** and Herzegovina







EDGARS CREEK  
PRIMARY SCHOOL



# WELCOME TO **BIG** CHILDCARE

## WHO ARE WE?

Big Childcare is a trusted Outside School Hours Care (OSHC) provider. Our directors Ted and Sian Hatzakortzian have served families for over a decade in the industry, delivering a unique and holistic service across Australia. But we are more than just an OSHC service! At Big Childcare we pride ourselves on ensuring every child's needs are put first, to give them a sense of belonging and safety, whilst of course having loads of fun!

We can't wait to meet your child, get to know them and ensure they have a great time when they are with us!

## WHAT IS OSHC?

OSHC stands for Outside School Hours Care which your school has outsourced to us because we have expertise in providing Before School, After School, Curriculum Day and Holiday Care. We operate in partnership with schools so that you can drop your children off before heading to work or pick them up after you finish, knowing they are well cared for by our team.



**big**  
CHILDCARE

# WHAT WE OFFER

## Fun and Engaging Programs

Kids love coming to us, as they know they'll have loads of fun! With non-stop new and engaging experiences on offer, our educators design and plan experiences to suit the individual needs and interests of every child.

Kids can expect a wide selection of themed activities as well as permanent experiences which include, arts & craft, sports, indoor/outdoor play, cooking, games, imaginative play, music, drama, community linked visits and much more!

## Before & After School Care

From the moment your child enters our program, whether it be before school to start the day right, or after school to recharge - they will be made to feel welcome, comfortable and safe.

Before and after school is a crucial part of the day to help develop social and emotional skills in all our children and we are there to support them in their educational journey.



## Holiday Care

When the school holidays come around the kids are always excited to come to us, as our programs offer fun that memories are made of.

It's a great option for working parents, but also those that want to give their kids new and exciting experiences! Be assured that the Holiday Care we offer is the best service going around! We line up an amazing variety of excursions and incursions to choose from, with exclusive access to many experiences.



## - Big Childcare Specials -

# V.I.P

Very Important Prep

Our VIP Program provides a range of supportive measures for new preps and their families.

We allocate a dedicated VIP Educator during the Summer holiday program and the first few weeks of Term 1, to implement the tools required to support successful transitions for our VIP Prep children. The main role of the VIP Educator is to provide a welcoming environment for the Prep children and their families. Feedback on this special program has been highly commendable from our new families.



# BIG ACTIVE

We're big on fitness

Big Active aims to increase the physical activity in our services, whilst making sure it's all still fun and games!

We have a team of sports specialists who visit the services after school and during the holidays to run games and skill-based challenges. It has been incredibly popular with the kids and their families.



## Nutritious & Yummy Meals

 Nutrition Australia

We provide a seasonal, Nutrition Australia approved menu that our kids often say they LOVE! So, for those early birds who arrive at Before School Care prior to 8.00am, a delicious breakfast will be on offer to get them energised for school.



We have a variety of cereals, breads and spreads on offer as well as special mornings, featuring pancakes, eggs and plenty of other appetizing options.

Then in our After School Care program, we base our food choices on the nutritional needs of the children, as well as their individual medical conditions (allergies) and likes/dislikes. Our kids get to have a big say as to what's on the menu planner! We always ensure children have enough to eat, to give them the energy they need to get on with the activities they love.

## Experienced & Passionate Educators

Our educators are friendly and passionate about working with children and we cannot wait for you to meet them. They love getting to know each child individually whilst committing to providing a supportive and safe environment.



Our team at school will have current Working With Children Checks and relevant industry qualifications, with a first aid qualified member of staff on hand at every centre.

We value our relationships with families, children and the school so you may even see our staff helping out at school events too! Please come and say hello!



## Centre Contact



Centre Mobile	0431 151 651
Centre Email	edgarscreek@bigchildcare.com

	Operating Hours	Session Cost	Casual Booking
Before School Care	6:30am to 8:45am	\$25.00	\$28.00
After School Care	3:15pm to 6:30pm	\$28.00	\$31.00
Holiday Care	6:30am to 6:30pm	\$70.00+	
Curriculum Care	6:30am to 6:30pm	\$70.00	

+ Additional activity fee applies for excursions to cover any venue admission and transport costs



Your cost of care may be reduced by up to **90%** with Child Care Subsidy. To find out if you are eligible, scan the QR code or call Services Australia on 13 61 50 between 9am and 5pm (local time) weekdays.



## Big Childcare Head Office

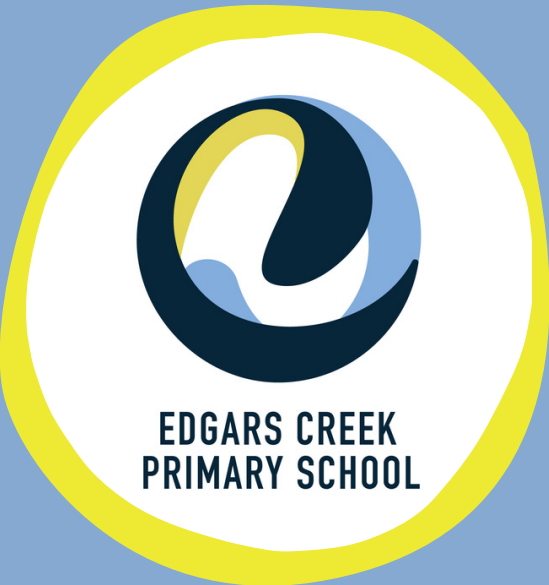
📞 1300 273 162      [www.bigchildcare.com](http://www.bigchildcare.com)



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# WHITTLESEA COMMUNITY NEWS



DPV Health Presents

# The Best Time in History to be a Dad Webinar

By Jeremy Macvean from The Father Hood

Dads today can be more actively and emotionally involved in their kids' lives than ever before. This has multiple upsides for men, for their children & for their relationships. Are you making the most of the opportunity?

The webinar will explore the benefits and challenges of being a dad in 2023, how to navigate modern fatherhood, & provide inspiration for what these changes can deliver for you & your family.

WEDNESDAY  
6 DECEMBER  
7PM- 8PM  
**2023**  
ONLINE



[www.trybooking.com/CLWOP](http://www.trybooking.com/CLWOP)

REGISTER HERE

RSVP by Wednesday 29th November



Participants will have the option to hear the webinar interpreted in Arabic or Punjabi.



For more information contact:

Lucy Forwood - Senior Coordinator Gender Equity  
[lucy.forwood@dpvhealth.org.au](mailto:lucy.forwood@dpvhealth.org.au)

DPV Health ਪੇਸ਼ ਕਰਦਾ ਹੈ

# ਇਤਿਹਾਸ ਵਿੱਚ ਪਿਤਾ ਬਣਨ ਦਾ ਸਭ ਤੋਂ ਵਧੀਆ ਸਮਾਂ ਵੈਬੀਨਾਰ

ਦੁਆਰਾ Jeremy Macvean ਤੋਂ The Father Hood

ਅੱਜ ਦੇ ਸਮੇਂ ਦੇ ਪਿਤਾ ਆਪਣੇ ਬੱਚਿਆਂ ਦੇ ਜੀਵਨ ਵਿੱਚ ਪਹਿਲਾਂ ਨਾਲੋਂ ਵਧੇਰੇ ਸਰਗਰਮ ਅਤੇ ਭਾਵਨਾਤਮਕ ਤੌਰ 'ਤੇ ਸ਼ਾਮਲ ਹੋ ਸਕਦੇ ਹਨ। ਇਸ ਵਿੱਚ ਮਰਦਾਂ ਲਈ, ਉਹਨਾਂ ਦੇ ਬੱਚਿਆਂ ਲਈ ਅਤੇ ਉਹਨਾਂ ਦੇ ਸੰਬੰਧਾਂ ਲਈ ਬਹੁਤ ਸਾਰੇ ਉਪਰਾਲੇ ਹਨ। ਕੀ ਤੁਸੀਂ ਮੌਕੇ ਦਾ ਵੱਧ ਤੋਂ ਵੱਧ ਫ਼ਾਇਦਾ ਉਠਾ ਰਹੇ ਹੋ?

ਇਹ ਵੈਬੀਨਾਰ 2023 ਵਿੱਚ ਪਿਤਾ ਬਣਨ ਦੇ ਲਾਭਾਂ ਅਤੇ ਚੁਣੌਤੀਆਂ ਦੀ ਪੜਚੋਲ ਕਰੇਗਾ, ਆਧੁਨਿਕ ਪਿਤਾ ਬਣਨ ਦੇ ਤਰੀਕੇ, ਅਤੇ ਇਹ ਤਬਦੀਲੀਆਂ ਤੁਹਾਡੇ ਅਤੇ ਤੁਹਾਡੇ ਪਰਿਵਾਰ ਲਈ ਕੀ ਕਰ ਸਕਦੀਆਂ ਹਨ ਇਸ ਲਈ ਪ੍ਰੇਰਨਾ ਦੇਵੇਗਾ।



ਬੁੱਧਵਾਰ

6 ਦਸੰਬਰ

ਸ਼ਾਮ 7-8 ਵਜੇ

2023

ਔਨਲਾਈਨ



[www.trybooking.com/CLWQP](http://www.trybooking.com/CLWQP)

ਇੱਥੇ ਰਜਿਸਟਰ ਕਰੋ

ਬੁੱਧਵਾਰ 29 ਨਵੰਬਰ ਤੱਕ RSVP ਦਿਓ

ਹਿੱਸਾ ਲੈਣ ਵਾਲਿਆਂ ਕੋਲ ਅਰਬੀ ਜਾਂ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵਿਆਖਿਆ ਕੀਤੇ ਵੈਬੀਨਾਰ ਨੂੰ ਸੁਣਨ ਦਾ ਵਿਕਲਪ ਹੋਵੇਗਾ।



DPV  
Health®

ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ ਸੰਪਰਕ ਕਰੋ:

Lucy Forwood - ਸੀਨੀਅਰ ਕੋਆਰਡੀਨੇਟਰ ਲਿੰਗ ਇਕੁਇਟੀ  
[lucy.forwood@dppvhealth.org.au](mailto:lucy.forwood@dppvhealth.org.au)

**TheHub.**  
3757

Term 4 2023

# Harmony Story Time



**The Hub3757 together with the City of Whittlesea invite you to join FREE Bilingual Storytime and Wellbeing Activities.**

## These fun-filled sessions will

- Start with 30 minutes Bilingual story time with your children and grandchildren.
- From 1pm to 2.30pm parents can participate in a variety of wellbeing sessions while a childcare worker will keep the children occupied.

Wellbeing activities will include Yoga classes, meditation and mindfulness, Bollywood dancing, Craft and Art.

## The sessions are about




- Connecting with your community,
- Children exploring books in multiple languages and
- Learning how to practice self-care and wellbeing activities.

*Complimentary coffee, tea, hot chocolate, light refreshments and delicious snacks are provided each session!*

Kids First and City of Whittlesea practitioners are on-hand to provide information and support services to Children and Families.


**\*Facilitators in Hindi, Punjabi and Arabic**


## Details

-  Every Tuesday from 3rd October till 12th December 2023
-  12:30 pm - 2:30 pm
-  Ganbu Gulinj Community Centre  
55 Macedon Parade, Wollert

## Registration

To register for this group, please contact one of our Family Coaches by text message

 Deepty Cusima  
0448 928 268

 Navpreet Kaur  
0402 157 618



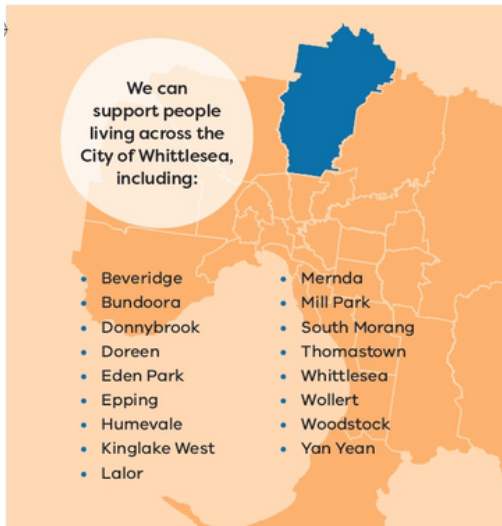


## Working together to support the Whittlesea community

Our approach to mental health and wellbeing support is made possible through collaboration and connection with existing supports in the Whittlesea community.

Working with the community, including clinical and community services, helps us provide the right support for you now and in the future.

The most important thing is that the Whittlesea Mental Health and Wellbeing Local is a safe space for people from all backgrounds.



## Contact us

Call 1800 571 145

Monday – Friday 9.00am – 7.30pm

Saturday and public holidays 12.00pm – 7.30pm

Sunday By appointment only

### Email

[whittlesealocalservice@neaminational.org.au](mailto:whittlesealocalservice@neaminational.org.au)

### Website

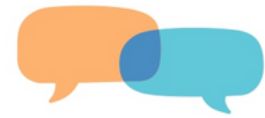
[betterhealth.vic.gov.au/mhwlocal](http://betterhealth.vic.gov.au/mhwlocal)

### In an emergency

If you or someone you care for needs immediate emergency assistance, call 000. For 24-hour mental health support call Lifeline on 13 11 14



In partnership with



## mental health & wellbeing local

Whittlesea

The Whittlesea Mental Health and Wellbeing Local service supports Victorians aged 26 years and over to get mental health and wellbeing support closer to home.



We acknowledge the Traditional Owners of these regions and pay our respects to Elders past and present. We recognise that their sovereignty was never ceded and are committed to a positive future for the Aboriginal and Torres Strait Islander community.



We are committed to cultivating inclusive environments for people using our services, carers and staff. We celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.



## We're here to support your mental health and wellbeing

The Whittlesea Mental Health and Wellbeing Local is currently available as a telehealth, outreach and face-to-face mental health and wellbeing service.

We will work with you and, if you are comfortable, your family, carers and supporters, to design a care plan that meets your goals and preferences.

We can provide:

- telehealth supports
- outreach visits to your home or community
- connection to other health and social services.

If you are an adult experiencing distress or wanting support for your mental health and wellbeing, call us on 1800 571 145.



## Helping you find the right support

The Whittlesea Mental Health and Wellbeing Local is a new service that supports Victorians aged 26 years and over to get mental health and wellbeing support closer to home.

All support is free, and you do not need a referral from your doctor.

Our experienced staff will listen to you so they can understand what support is right for you and help guide you.



## A safe place for everyone

You don't need to be an Australian citizen or resident to access this service, and no Medicare card is needed. We can provide safe and confidential support to everyone, no matter your circumstance. If you need help in your language, call TIS National on 131 450 and ask for an interpreter, then ask to be connected to the Whittlesea Mental Health and Wellbeing Local on 1800 571 145.



## Support for carers and loved ones

The Whittlesea Mental Health and Wellbeing Local is family and carer inclusive. We can provide a range of support, including:

- education and support for families, carers and supporters of individuals experiencing mental illness and/or substance use or addiction
- assistance to carers with their caring and support role
- support for carers and loved ones with their own mental health and wellbeing needs.



## Refer someone you know

If you're unsure what supports are available for someone you care about, contact us on 1800 571 145 and we can navigate your enquiry together. The Whittlesea Mental Health and Wellbeing Local Services accepts referrals from GPs, mental health services, community services, carers and families. We also encourage self-referral.

If you or someone you support is between 12 and 25 years old, please visit or contact your local headspace centre for mental health and wellbeing support. Visit [headspace.org.au](http://headspace.org.au) for more information.



## Support from people who have a lived experience of mental health challenges

The Whittlesea Mental Health and Wellbeing Local can connect you with a range of mental health professionals, including clinicians and peer support workers with a lived experience of mental health challenges and recovery. Our staff will support you from the moment you call, to access a service that is right for you.



# Would you like to join the Tradeflex Team?

We are seeking people to work at the **Department of Education schools** located in the Northern suburbs of **Melbourne as commercial cleaner**.

Permanent part time and full time roles available! You will be provided with uniforms, state of the art equipment & wages that reflect the Cleaning Services Award.

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At Tradeflex we are committed to creating a workplace that values and supports our employees, fostering a culture of respect, growth, and well-being. When you join our team, you become a part of a community that recognises the importance of work-life balance, career advancement, and overall job satisfaction.



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4pm - 5pm**

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18 October 2023  
25 October 2023  
1 November 2023  
8 November 2023  
15 November 2023  
22 November 2023  
29 November 2023

**EDGARS  
CREEK PS**

**TUESDAYS  
3.30pm - 4.30pm**

10 October 2023  
17 October 2023  
24 October 2023  
31 October 2023  
14 November 2023  
21 November 2023  
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# Certificate III in School Based Education Support CHC30221

Education Support is a flexible and rewarding career where you can work in the classroom to support students with additional needs.

Prace delivers an industry driven and dynamic learning experience to ensure you are job-ready with the skills employers are looking for. With the guidance of expert teachers in a friendly and supportive classroom, you will develop the skills to:

- Support students with additional needs
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- Contribute to planning educational programs
- Support the health, wellbeing and safety of students

You will participate in excursions, workshops and gain insights from industry guest speakers.

## Pathways

Graduates are in demand and work in a range of educational settings, including primary and secondary schools and schools for children with additional needs. Graduates work as education assistants, teacher's aides and support workers.

## Entry requirements

Aged 18 years and over. Moderate computer, email and internet skills. Plus digital technology access. English LLN skills at an industry entry standard.

## How to enrol

Call 9462 6077 to arrange a pre-enrolment interview.



## Location

Prace - Merrilands  
Community Centre  
35 Sturdee Street,  
Reservoir

## Dates and duration (TBC)

23 Feb - 20 Sept 2024  
(Includes Thursday 28 March  
2024 and 19 September 2024)  
26 Sessions  
2 Workshops  
100-hour placement

## Days and times

Fridays  
9.15am - 3.15pm  
Classes will not run on public or  
school holidays

## Study Mode

Face-to-face in a  
classroom, self-directed  
offsite tasks and research,  
remote teacher support  
sessions, practical  
placement and industry/  
assessment workshops

## Fees

Gov. subsidised:  
Concession \$90  
Full \$450  
Non-subsidised \$5850  
^Special consideration may  
apply  
Plus \$10 Service & Amenities fee

*Course commencement is  
subject to variation, sufficient  
enrolments and eligibility  
requirements. Prace encourages  
individuals with disabilities to  
participate in our programs and  
activities. Prace TOID 4036*

*This training is delivered with  
Victorian and Commonwealth  
Government funding.*



Prace Main Office  
Merrilands Community Centre - 35 Sturdee Street, Reservoir  
Phone 9462 6077 | office@prace.vic.edu.au | www.prace.vic.edu.au