# School Newsletter

Thursday 10th August 2023



**Ph:** 9407 7100 **Web:** https://edgarscreekps.vic.edu.au

Email: edgars.creek.ps@education.vic.gov.au

EDGARS CREEK PRIMARY SCHOOL

RESPECT RESPONSIBILITY COURAGE CURIOSITY

# **CONGRATULATIONS JENKINS**









Congratulations to out senior school athletes who competed in athletics day last week. It was a sucsessful day and the students enjoyed participating in all events. Well done to Jenkins who took home the win for 2023

# STUDENT FREE DAY

Wednesday 30th August will be a student free day, student's will not be attending school on this day! Student free day is on the day of student led conferences so could families please make the appropriate arrangements if they need



# **IMPORTANT DATES**

Monday 14th- Friday 18th August

ICAS Enlgish assesment

Monday 14th-18th August Science Week

**Friday 18th August** VolleyBall District Gala Day

**Tuesday 22nd August** Book Week Dress Up

Tuesday 22nd-29th August Book Fair

**Tuesday 29th August 3.30pm-4.30pm**Student Led Conferences

Wednesday 30th August 12.00pm-7.00pm Student Led Conferences

**Wednesday 30th August** Student Free Day

**Saturday September 2nd** Bunnings BBQ Fundraiser

Friday September 15th LAST DAY OF TERM 3

Newsletter Challenge
How many Science Globes can
you find? Write your answer and
put it in the challenge box in the
office. Winners drawn at
assembly tomorrow.

Learning together for success.



# **Book Fair**

Book fair will be running on the 22nd-29th of August. Students will have a chance to make a wish list on Tuesday 22nd and Wednesday 23rd August. Book fair will be held next to the science and art room. Payments can be made by eftpos only!

# **Donations**

ECPS will be running our Father's Day raffle and we we are asking for donations.

These donations are helpful in raising money towards our school. If you have a small business you would like to promote or know of any business that would like to donate towards our Father's Day raffle that would be great.

All donations are appreciated, and all money raised will go towards improvements to our oval If you can donate, please contact Jess either by calling the office on 94077100 or email <u>jess.helm@education.vic.gov.au</u>

# **Art Smock**

If your child has Visual Arts this Semester, please send them to school with an art smock. Please label it with your child's name and we will store these at school. Art smocks are available for purchase from many specialty stores like Kmart and Target. Alternatively, an old oversized shirt or jumper will do. The purpose is to protect our beautiful school uniforms!

# **Hot Chocolate & Popcorn**

In Term 3 we will have hot chocolates available for \$2.00 each and popcorn for \$1.00. Come down to the canteen at recess and we will warm you up with a hot chocolate or a warm bag of popcorn.





# **Lunch Mums**

Lunch orders EVERY Tuesday and Thursday!!!

Families are able to place orders via an online App "My School Connect".

https://myschoolconnect.com.au/login

Orders must be in by Tuesday 8am for Tuesday lunch orders and Thursday 8.00am for Thursday lunch orders.

ECPS & Lunch Mums look forward to working with the school community in providing school lunches for your children.





# ECPS ATHLETICS DAY

The inaugural House Athletics was held at Meadowglen Athletics track on Tuesday 1st August. All students from years 3-6 represented their house in a range of athletics events and it was pleasing to see their application, enthusiasm and team spirit. The teachers did a great job supervising the events and a highlight of the day was the teachers race won by Adam.

Special thanks to Jess for organising the certificates and for Kristina and Matt for assistance with set up at the track.

A squad of gr 3-6 students has been selected to represent Edgars Creek PS at the District Athletics to held on Monday 28th August. Training for this event will be held every Wednesday and Thursday morning from 8.15-8.45am.

The inaugural winner of the Edgars Creek House Athletics Shield was Jenkins House!

Congratulations to our senior school athletes who competed in athletics day last week it was a sucsessful day and they enjoyed participating in all events. Well done to Jenkins who took home the win for 2023.



### **PLACINGS**

1ST – JENKINS 656 2ND – WOLLERT 587 3RD – MCDONALD 548 4TH – DOHERTY 527





### AFL AUSKICK

AFL Auskick has commenced at Edgars Creek PS on a Thursday after school from 3.30-4.30pm from prep-Year 4. Students have a great opportunity to learn Aussie Rules footy skills and play fun games. If you are interested please follow this link for information and registration or contact jake.murphy@afl.com,au



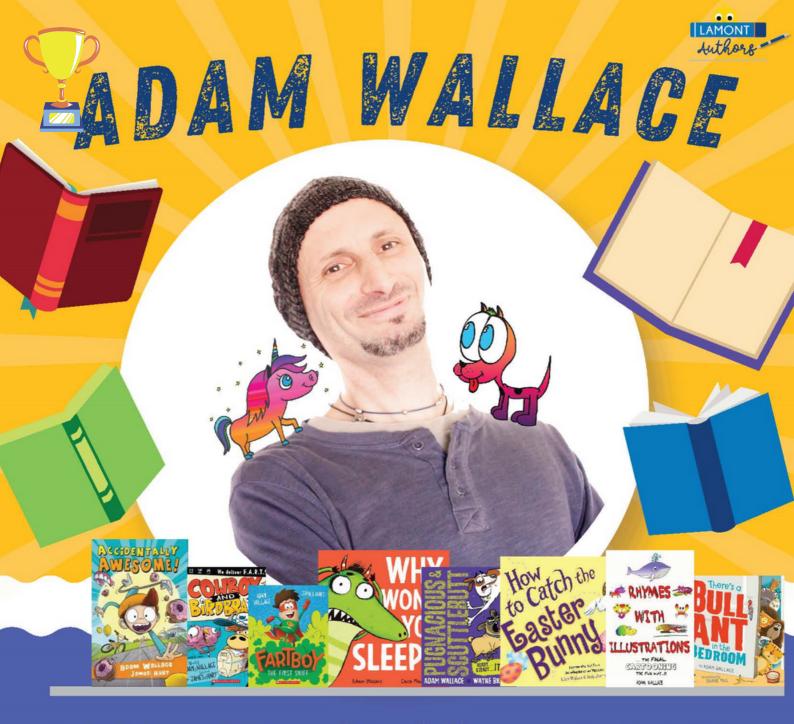




Tuesday the 22nd of August, 2023

Come dressed as your favourite book character!
The parade will commence at 9:30 am in the
gym. Parents are welcome to attend!





On 28th August Adam will be visiting our school to talk to students about reading and writing. This is a fantastic opportunity to learn even more about the practices of professional authors and how they write the interesting and engaging stories we love.

Students have the opportunity to pre-purchase books!

To order go to: <a href="https://lamontauthors.com.au/">https://lamontauthors.com.au/</a> and select "Buy our Author's Books".

All orders must be completed by <u>14th August</u> to receive the books to be signed during Adam's visit.

# **Student Led Conferences**

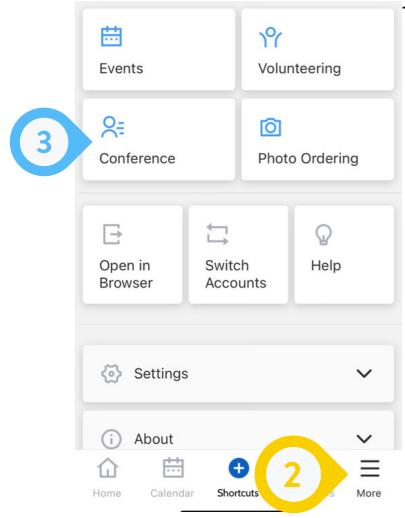
# Tuesday 29th August 3:30 - 5:40 pm Wednesday 30th August 12:00 - 7:15 pm

Student Led Conferences are coming up in Week 8 of this term.

These conferences involve the student, the parent(s)/carer(s), and the teacher. The aim of the conference is to empower our learners to think, reflect on, evaluate and share their learning with their families and teacher. This is a fantastic opportunity to listen to your child/ren and celebrate all their success at school.

Wednesday 30th August will be a **student-free day**. Students will only be required to attend school during their allocated time slot.

Specialist teachers will be available during these times to show case their subjects. You may visit specialist teachers on a drop-in basis. Specialist teachers will not be taking bookings.



To book a conference:

Log in to Compass on a mobile device.

- 1. Select the more icon.
- 2. Select Conferences.
- 3. Select 2023 Student Led Conferences.
- 4. Follow the prompts to book





# FINALIST

# SHOWS!

YEAR 3 AND 4 FINALIST SHOW
THURSDAY 17TH AUGUST
IN THE GYM AT RECESS
1:55PM - 2:25PM

YEAR 5 AND 6 FINALIST SHOW THURSDAY 17TH AUGUST IN THE GYM FOR SESSION 6 2:25PM - 3:15PM

YEAR PREP, 1 AND 2 FINALIST SHOW FRIDAY 18TH AUGUST IN LEARNING STREET AT RECESS 1:55PM - 2:25PM

THANK YOU TO ALL OF THE AMAZING
STUDENTS WHO ENTERED OUR TALENT
SHOW! STUDENTS WHO ARE SELECTED TO
PERFORM IN THE FINALIST SHOWS WILL BE
NOTIFIED THIS FRIDAY.FAMILIES ARE
INVITED TO ATTEND OUR FINALS!



EDGARS CREEK PRIMARY SCHOOL



SO MUCH TALENT!



Tours will be held in Term 3. These tours give you the opportunity to view and learn about our school.

# **Tour Dates**

Thursday 20th July
Wednesday 26th July
Thursday 17th August
Tuesday 22nd August
Wednesday 6th September

Tours start at 10.am and are approximately 45min. Tours leave from the school office.



Bookings are essential book via

ecpstours2023.eventbrite.com



# Be your Best Self Online





STOP • THINK • ACT

**National eSmart Week** 

# ECPS Celebrated National eSmart Week

Last week ECPS took part in National eSmart Week by completing activities with our buddy classes to empower us to be our best selves online.

It is important to build positive online habits together as a family. Therefore, we encourage our community to have a conversation at home about supporting all family members to navigate the online world in a safe way. A great way to do this is to revise or create your own 'Family Technology Agreement.'



For tips to be eSmart and create your own family Tech Agreement visit the eSafety website: https://www.esafety.gov.au/parents/resources/family-tech-agreement





# 2024 Prep Students

Enrolments are OPEN!

# Step One

Do you reside in the ECPS school zone\*? Check



www.findmyschool.vic.gov.au

\*if you currently have children enrolled at ECPS, skip this step



Step Two

Complete an Expression of Interest Form



and the school will contact you regarding enrolment forms.



Step Three Interested in a school tour?

10-10:45am

Thursday 20th July Wednesday 26th July Thursday 17th August Tuesday 22nd August Wednesday 6th September



Register at ecpstours2023.eventbrite.com



More information can be found on the school website edgarscreekps.vic.edu.au or by calling 9407 7100



# ACADEMIC ACHIEVEMENT EXCELLENCE AND EFFORT

Home Group	Name	Award given
6A	Amitoj	For showing the school value of Responsibility by using teacher feedback towards her learning.
6B	Aiden	For showing the school value of Respect towards your peers and all members of your learning community. You are showing very kind and caring qualities. Keep it up, Aiden!
6C	Khadija	For consistently demonstrating the school values and being a wonderful role model to those around her. You always take the initiative to help and guide others in a positive manner. Keep up the fantastic work, Khadija!
5A	Hashim	For showing the school value of Courage in all aspects of his learning. It has been wonderful to watch your confidence grow over the last few weeks.
5B	Arhaan	For showing the school value of Curiosity by asking questions to deepen his understanding of learning tasks. Well done on your ongoing determination Arhaan! Keep it up!
5C	Agam	For demonstrating an eagerness to write a descriptive and engaging narrative. Keep up the good work, Agam!
5D	Maximus	For showing the school value of Responsibility by helping to run a lunchtime Footy Club. Excellent effort, Max!
4A	Gurkarman	For demonstrating the school value of Responsibility by showing consistent effort in Maths. Well done, Gurkarman.
4B	Zara	For displaying the school values of Curiosity and Responsibility while researching different topics in Inquiry and sharing your thoughts with your peers. Keep up the greawork, Zara!
4C	Ameliya	For her growing confidence towards learning in all areas. It is great to see you having a go and trying so hard to improve your handwriting. Well done, Ameliya!
4D	Adam	For showing the school value of Courage by listening to feedback to improve his narrative introduction and displayin neat handwriting. Fantastic effort this week, Adam! Keep it up!
3A	Nazaha	For demonstrating the school value of Curiosity by always participating in class discussions and asking questions to further her learning.  Well done, keep up the amazing work Nazaha!
3B	Breean	For demonstrating the school value of Courage and Responsibility during his first week at Edgars Creek Primary School. Well done, keep up the amazing work Breean!
3C	Nami	For attending school every day with a positive attitude. Well done for always demonstrating that you are ready to learn and having the confidence to ask questions to further your understanding. Keep up the fantastic work, Nami!
3D	Malak	For showing the school value of Responsibility by ensuring you are ready for learning and finding good fit spots during learning times. Keep up with the amazing work Malak!
2A	Eslin	For displaying the school value of Responsibility by focusing on reading stamina and asking clarifying questions when needed. Well done, Eslin! Keep up the fantastic work.
2B	Shakshi	For showing enthusiasm towards publishing and illustrating your narrative. Well done!
2C	Fateh	For showing the school values of Respect and Curiosity during Maths when working with your team. Keep up the exceptional effort, Fateh!
2D	Bharat	For showing the school value of Responsibility for his learning, especially in Maths when telling the time. Keep up the hard work Bharat!
2E	Neer	For always demonstrating the school values of Respect and Responsibility in the classroom and in the school yard. Keep up the amazing work, Neer!
2F	Aarav	For demonstrating the school values of Curiosity and Courag towards his learning, especially in Reading and Writing. Well done, Aarav!



# **ACADEMIC ACHIEVEMENT EXCELLENCE AND EFFORT**

Home Group	Name	Award given
1A	Kavya	For working hard when writing your narrative about the mysterious sound! You did a wonderful job at sounding out some new, tricky words! Well done.
1B	Haley	For always demonstrating the school values of Respect and Curiosity by showing kindness towards your peers and enthusiasm towards your learning. You're a superstar, Haley!
10	Noah	For showing the school value of Curiosity. Great job Noah on coming into fluid groups excited and enthusiastic to learn something new! Keep up the great work.
1D	Mariam	For trying your best during Literacy when blending the sounds together in tricky words. We are so proud of your efforts, Mariam. You are a superstar!
1E	Rafal	For trying your best in all learning areas and demonstrating the school value of Courage by using your codes to spell new words! Keep up the amazing work superstar, we are so proud of you!
1F	Mansirat	For consistently demonstrating the school value of Responsibility by caring for our Homeroom and always being ready to learn. You are a superstar! Keep up the amazing work, Mansirat!
PA	Hussain	For continuously trying his best each lesson to read and write new words. You have been doing amazing!
РВ	Riana	For doing such an amazing job at being the Reporter during Developmental Play and trying your best to write your report. Well done, Riana! Keep up the great work.
PC	Hargun	For using the Reading Toolkit to code spot and blend words. Well done on working super hard during Literacy. Keep up the wonderful learning Hargun!
PD	Adrin	Adrin has settled in well at ECPS. He has made positive friendships and follows school routines. Keep up the great work, Adrin. You are a star!
PE	Naksh	For continuing to display the school values of Respect and Responsibility. You are working so hard in all learning areas and out in the yard, and I am beyond proud of you. Keep up the great work superstar!
PF	Gurnawaz	For consistently showing the school value of Courage when adding detail to our sentences in Writing. Well done Superstar!
Digital Technologies – Taylah	Aanya	For demonstrating our school values during Digital Technologies by consistently working hard during our sessions when learning all about data. Well Done, Aanya!
Science – Sue	Nikita -4C	For demonstrating the school value of Courage by participating in classroom discussions and sharing her ideas during science sessions! Keep up your great work!
Science - Jemma	Abbas - 3A	For being a learner by working hard each lesson, and for showing respect and curiosity in Science lessons. Keep up the amazing work, Abbas!
Performing Arts - Anita	Angie - 1E	For trying your best during Performing Arts lessons. Your enthusiasm is contagious. Keep up the great work!
Visual Arts - Anita	Antony - 1B	For consistently demonstrating all the school values in Visual Arts! Keep up the good work Antony!
Spanish- Lily	Sara - 4A	For consistently showing the school value of Courage in Spanish classes. Muy bien Sara, keep up the awesome work.
PE – David	Anhad – 6C	For his consistence application and respectful behaviour in PE
PE - Kristina	Haidar. M- PB	For always going out of his way to help his peers in the formation of skills during P.E. Great job, Haidar! Keep up the amazing work.
Education Support-	Saharsh	For showing the school values of courage and responsibility when completing his learning tasks. Well done, Saharsh. We

are really proud of you.



# Welcoming Wellbeing



We have noticed several students walking to school who cross the road with no adult supervision and some children are crossing the road without using the designated crossing guard area. For children's safety it is extremely important that children cross the road with an adult and at the crossing guard area.

Below has been taken from the Raising Children Website: <a href="https://raisingchildren.net.au/school-age/safety">https://raisingchildren.net.au/school-age/safety</a>

Until the age of 11-12 years, children need active adult supervision to help them safely navigate driveways, cars, roads and car parks. Even children who seem to know all the road safety rules won't necessarily remember to follow them.



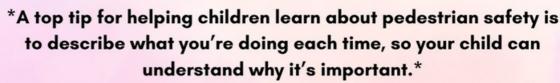




Always holding your child's hand when around cars is a great first step. You can also teach your child about road safety, including how to be safe around parked cars and on footpaths and driveways.

Your child will learn about pedestrian safety by watching you, so use safe behaviour around cars, roads, footpaths and car parks.

For example, always stop, look, listen and think before crossing a road, and use pedestrian crossings wherever possible. Always cross at the safest point, even if you have to walk further out of your way. If you're crossing at the lights, wait for the green signal. And put away phones and other devices when you're walking around roads and cars.













An emotion focussed parenting program

Tuning into Kids (TiK) is a program that provides parents and carers with skills in emotion coaching. Emotion coaching is about recognising, understanding and managing your own emotions as a caregiver as well as your children's emotions. When children develop these emotional skills they are better equipped to negotiate the ups and downs of life.

TiK is an evidence-based program; randomised controlled research trials have shown that it makes a difference to parents and children.

TiK is a **FREE** program run by Kids First that is suitable for parents with children aged 3 to 10 who reside in Whittlesea catchment.

### Session dates and times

Session 1:	Wednesday, 2 August
Session 2:	Wednesday, 9 August
Session 3:	Wednesday, 16 August
Session 4:	Wednesday, 23 August
Session 5:	Wednesday, 30 August
Session 6:	Wednesday, 6 September

10:00am - 12:00pm

### Location

Online via Microsoft Team

# For all enquiries please contact

Donna El-Cheikh 0409 006 126 | 03 9450 0900 delcheikh@kidsfirstaustralia.org.au

















# **Celebrating Our Multicultural School Community**



EVERYBODY IS WELCOME AT EDGARS CREEK PRIMARY

At ECPS this year we are celebrating our wonderful and extensive Multicultural community.

Each week at assembly, we are unveiling a different cultural flag.

This week we are celebrating those in the ECPS Community from







# WHITTLESEA COMMUNITY NEWS





Certificate III in

# **School Based Education** Support CHC30221

Embark on a flexible and rewarding career where you can make a meaningful impact on the lives of children with additional needs.

prace

www.prace.vic.edu.au



# Certificate III in School Based Education Support CHC30221

Education Support is a flexible and rewarding career where you can work in the classroom to support students with additional needs.

Prace delivers an industry driven and dynamic learning experience to ensure you are job-ready with the skills employers are looking for. With the guidance of expert teachers in a friendly and supportive classroom, you will develop the skills to:

- Support students with additional needs
- Support literacy and numeracy skills
- · Contribute to planning educational programs
- Support the health, wellbeing and safety of students

You will participate in excursions, workshops and gain insights from industry guest speakers.

# **Pathways**

Graduates are in demand and work in a range of educational settings, including primary and secondary schools and schools for children with additional needs. Graduates work as education assistants, teacher's aides and support workers.

# Entry requirements

Aged 18 years and over. Moderate computer, email and internet skills. Plus digital technology access. English LLN skills at an industry entry standard.

### How to enrol

Call 9462 6077 to arrange a pre-enrolment interview.





### Location

Prace - Mernda Campus 56 Schotters Rd, Mernda (Adult Education room)

### Dates and duration (TBC)

5 Sept - 12 Dec 2023 and 6 Feb - 4 Jun 2024 (Includes Fri 15th Sept 2023 & excludes Tues 26th Mar 2024) 26 Sessions 2 Workshops 100-hour placement

## Days and times

Tuesdays 9.15am - 3.15pm Classes will not run on public or school holidays

# Study Mode

Face-to-face in a class room, self-directed offsite tasks and research, remote teacher support sessions, practical placement and industry/ assessment workshops

### Fees

Gov. subsidised:
Concession \$90
Full \$450
Non-subsidised \$5850
^Special consideration may apply
Plus \$10 Service & Amenities fee

Course commencement is subject to variation, sufficient enrolments and eligibility requirements. Prace encourages individuals with disabilities to participate in our programs and activities. Prace TOID 4036

This training is delivered with Victorian and Commonwealth Government funding.







# **Recognise & Share**

Are you in an abusive relationship or worried about someone who might be? Our bilingual workers can help you get the support you need.

**CALL:** 0497 032 439 or 0467 952 657 **EMAIL:** fvsupport@whittleseacc.org.au

HOURS: Monday - Thursday (9:00am - 5:00pm)

\*If under threat or at risk please call Police on 000\*

# ਪਛਾਣੋ ਅਤੇ ਸਾਂਝਾ ਕਰੋ

ਕੀ ਤੁਸੀਂ ਆਪਣੇ ਜਾਂ ਕਿਸੇ ਹੋਰ ਵਿਅਕਤੀ ਬਾਰੇ ਚਿੰਤਤ ਹੋ ਜੋ ਦਰਵਿਵਹਾਰ ਵਾਲੇ ਰਿਸ਼ਤੇ ਵਿੱਚ ਹੋ ਸਕਦਾ ਹੈ?

ਸਾਡੇ ਦੋਭਾਸ਼ੀ ਕਰਮਚਾਰੀ ਤੁਹਾਨੂੰ ਲੋੜੀਂਦੀ ਸਹਾਇਤਾ ਪ੍ਰਾਪਤ ਕਰਨ ਵਿੱਚ ਮਦਦ ਕਰ ਸਕਦੇ ਹਨ।

ਫ਼ੋਨ: 0497 032 439 or 0467 952 657 ਈ – ਮੇਲ: fvsupport@whittleseacc.org.au

ਸਮਾਂ: ਸੋਮਵਾਰ - ਵੀਰਵਾਰ (ਸਵੇਰੇ 9 ਵਜੇ ਤੋਂ ਸ਼ਾਮ 5 ਵਜੇ ਤੱਕ)

\*ਜੇਕਰ ਧਮਕੀ ਜਾਂ ਖਤਰੇ ਵਿੱਚ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਪੁਲਿਸ ਨੂੰ 000 ਤੇ ਕਾਲ ਕਰੋ\*

# पहचानें और शेयर करें

क्या आप अपने या किसी और के बारे में चिंतित हैं जो अपमानजनक रिश्ते में हो सकता है?

हमारे द्विभाषी कार्यकर्ता आपको आवश्यक सहायता प्राप्त करने में मदद कर सकते हैं।

फोन: 0497 032 439 or 0467 952 657 ईमेल: fvsupport@whittleseacc.org.au

समय: सोमवार - गुरुवार (सुबह 9 बजे से शाम 5 बजे तक)

\*अगर खतरे या जोखिम में हैं तो कृपया पुलिस को 000 पर कॉल करें\*

# உணர்ந்து கொள்ளுங்கள் மற்றும் பகிருங்கள்

உங்கள் உறவில் துஷ்பிரயோகத்தை அனுபவிக்கிறீர்களா? அல்லது வேறு ஒருவர் துஷ்பிரயோகத்தை அனுபவிப்பதாகக் கவலைப்படுகிறீர்களா?

தமிழ் மற்றும் ஆங்கிலம் பேசக்கூடிய எங்கள் இருமொழிச் சேவையாளர்கள் உங்களுக்குத் தேவையான உதவியை பெற்றுத்தர முடியும்.

தொலைபேசி: 0497 032 439 or 0467 952 657 மின்னஞ்சல்: fvsupport@whittleseacc.org.au

வேலை நேரம்: திங்கள் - வியாழன் (காலை 9 மணி முதல் மாலை 5 வரை)

\*நீங்கள் அச்சுறுத்தப்பட்டாலோ அல்லது ஆபத்தில் இருந்தாலோ, "000" என்ற எண்ணில் பொலிஸாரை தொடர்பு கொள்ளவும்\*

# پېچانیں اور شیئر کریں۔

کیا آپ اپنے یا کسی اور کے بارے میں فکر مند ہیں جو بدسلوکی کے رشتے میں ہو سکتا ہے؟ ہمارے لسانی کارکن آپ کو مطلوبہ تعاون حاصل کرنے میں مدد کر سکتے ہیں.

كال كريں: 0497 032 439 or 0467 952 657 fvsupport@whittleseacc.org.au كيان ميل: 9:00am - 5:00pm) بير تا جمعرات

\*اگر آپ کو کوئی خطرہ محسوس ہو تو 000 پر پولیس سے رابطہ کریں۔

# تعرف وشارك:

هل تعيش علاقة مسيئة أو تشعر بالقلق تجاه شخص ما يعيش علاقة مسيئة ؟

يمكن لموظفينا ثنائي اللغة مساعدتك للحصول على الدعم الذي تحتاجه

اتصل: 0497 032 439 or 0467 952 657 fvsupport@whittleseacc.org.au أرسل إيميل: الاثنين – الخميس (9 صباحا -5 مساءً)

\*إذا كنت مهددا أو تشعر بالخطر اتصل بالشرطة على الرقم 000\*















# Wellbeing Workshop

FOR SOUTH-ASIAN WOMEN

Come and join us for an interactive workshop focusing on: Healthy Me, Healthy Body, Healthy Mind

Afternoon Tea will be provided followed by Mindfulness Meditation

Friday, 11 August 2023 11.30am - 2.30pm

Ganbu Gulinj Community Centre 55 Macedon Parade, Wollert VIC 3750

# SUPPORTED BY:









# hit the HOOPS



THE PERFECT INTRO TO THE WORLD OF BASKETBALL

**REGISTER NOW** 

For further information please email info@wcba.org.au



# MILL PARK STADIUM

# WEDNESDAYS 4pm - 5pm

19 July 2023

26 July 2023

2 August 2023

9 August 2023

16 August 2023

23 August 2023

30 August 2023

6 September 2023 13 September 2023

# EDGARS CREEK PS

# TUESDAYS 3.30pm - 4.30pm

18 July 2023

25 July 2023

1 August 2023

8 August 2023

15 August 2023

22 August 2023

29 August 2023

5 September 2023

12 September 2023

### COST:

\$145 NEW PARTICIPANTS \$100 RETURNING PARTICIPANTS

> NEW PARTICIPANT PACK INCLUDES A PERSONALISED SINGLET AND BASKETBALL







1300 781 735 www.soccajoeys.com

# FUN FREE OUTDOOR FITNESS CAMPS

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INFORMATION CENTRE
CNR GARRONG AVE & DOLLY WAY
WOLLERT

NO JOINING FEE, NO CLASS FEE, IT'S ALL FREE!



Regular exercise and good nutrition can help build a happy life

# CLASSES AT 9:30AM DAILY - EACH RUNS FOR 45MIN

Mon



X-TRAINING

Tue



BOXING

Wed



X-TRAINING

Thurs



BOXING

Fri



X-TRAINING

REGISTER TODAY TO BOOK YOUR SESSIONS via www.livelifegetactive.com

OR SIMPLY SCAN THE CODE BELOW TO GET STARTED

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